

# What to do...

The Very Hungry Caterpillar ate different things on different days. On Monday, he ate one nice green apple, on Tuesday he ate two oranges, etc.

1. Draw and write the things you want to eat on each day.

On Monday, I ate one \_\_\_\_\_

On Tuesday, I ate two \_\_\_\_\_

2. Make a ziz-zag book to display your week of eating!
3. Keep going for the whole week – until you get to Sunday!
4. On Sunday the Very Hungry Caterpillar ate one nice green leaf! On Sunday what nice healthy thing do you eat!
5. Calculate how many things you have eaten in the whole week!

## Hungry days...

This activity helps children to learn their days of the week, and also to add a series of small numbers, keeping a running total as you go!

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On Monday  
I ate one fat juicy worm  
and on Tuesday I ate two  
wiggly beetles.

